

# Services For Young People in Wolverhampton

# Aquarius

Aquarius is a Midlands-based charity with over 40 years' experience supporting individuals, families, organisations and communities to overcome the physical, emotional and psychological harms caused by alcohol, drugs and gambling.

We work closely with families and friends to lessen the impact caused by a habit of a loved one. Getting rid of an addiction can be a difficult task but you needn't worry as our team will be dedicated to giving you and your family the attention and care that you need. We will be there for you every step of the way to ensure a full recovery which will enable you to look forward to a better and brighter future.



## What We Do

- Offer a free and confidential service.
- Provide alcohol advice and information.
- Offer one to one support or group sessions.
- Refer to detox and/or rehabilitation service if necessary.
- Provide support for affected family members.
- Provide information on other services which can help you

Concerned about your or someone else's drinking or drug use? Our free and confidential service in Wolverhampton can help you. [Recovery Near You](#) is our Wolverhampton service, proudly run in partnership with Nacro and Birmingham and Solihull Mental Health Foundation Trust.

## Who to contact

<b>Telephone</b>	Recovery Near You: 0300 200 2400 0121 622 8181
<b>E-mail</b>	<a href="https://aquarius.org.uk/contact-us/">https://aquarius.org.uk/contact-us/</a>
<b>Website</b>	<a href="#">Aquarius</a>

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## Where to go

<b>Name</b>	Recovery Near You
<b>Address</b>	5-9 Pitt Street Wolverhampton West Midlands
<b>Postcode</b>	WV3 0NF

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# Base 25

Base 25 is a young person information and advice centre offering a daily drop in service and a range of other targeted and specialised projects/services.



These include:

- Anger management Programme for under 16's.
- Counselling upto the age of 35.
- Crisis Counselling Monday and Friday afternoons.
- EMPOWER for young people at risk or who are being sexually exploited.
- Young People and Gangs; support working with Young People around ending gang and youth violence.
- SAFE for those at risk of perpetrating behaviour synonymous to domestic violence.
- A Reducing Harmful Sexualised Behaviour programme.

Please get in touch with us or visit our website for more details about our support services and activities.

## Who to contact

Telephone 01902 572040  
E-mail [info@base25.org](mailto:info@base25.org)  
Website [Base 25](#)

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## Where to go

Name Base 25  
Address 29 - 31 Temple Street  
Wolverhampton  
West Midlands  
Postcode WV2 4AN

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# Barnardo's

Barnardo's is the UK's largest children's charity: we run more than 1000 services in local communities. Our work includes reaching and helping children who have been sexually exploited, young people leaving the care system, children with a parent in prison and families struggling to cope. We find loving adoptive homes and foster placements for children in care.



We helped transform the lives of more than 272,000 of the UK's children, young people and families. We helped many more by campaigning to change policy and public opinion.

We believe a child's future should never be defined by their past. We want to transform the lives of millions more vulnerable children in the UK – however difficult the beginning of their story.

**What we do - Barnardos deals with the following areas of concern.**

- Fostering and adoption
- Young carers
- Sexual exploitation
- Child poverty
- Domestic violence

If you or know of anyone who is affected by any of these issues please get in touch with us. If you think a child is in immediate danger, dial 999 or contact your local authority social care department, or the [NSPCC](#).

If you are a child and you need help, call [Childline's](#) 24-hour support service on 0800 11 11. For more information about getting help for you or somebody else, please see our [Get Help](#) page.

You can also visit the [Barnardos Facebook Page](#).

## Who to contact

Telephone	Office: 0208 550 8822
E-mail	<a href="mailto:supporterrelations@barnardos.org.uk">supporterrelations@barnardos.org.uk</a>
Website	<a href="#">Barnardos</a>

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# Black Country Women's Aid (BCWA)

Black Country Women's Aid is an independent charity which has supported survivors of domestic abuse and sexual violence in the West Midlands for 30 years.

Our sensitive and holistic support and refuge services help victims of domestic abuse, rape and sexual violence, child sexual exploitation, modern slavery and women involved with the criminal justice system to escape from violence, cope with trauma and rebuild their lives.



Our diverse range of services include: domestic abuse refuge and community support; rape, sexual violence and childhood sexual abuse support; forced marriage and honour based violence support; children and young people's services; therapeutic services; and support for female offenders and women with complex needs.

We listen, we support, we care. Black Country Women's Aid offers a range of support services for women and children and men fleeing domestic abuse or rape and sexual assault and human trafficking.

Please visit our website to find out more about our services.

## Black Country Women's Aid service in Wolverhampton

Here you will be able to view our [Wolverhampton BCWA webpage](#).

We offer a number of services across Wolverhampton, based within the community. Where we meet you is dependent on where best suits you.

We offer independent support services for people who are being abused or have been abused in the past. This includes a rape and sexual violence support service, support for young people, and support for women experiencing stalking.

For any additional advice or support, please get in touch with us, visit our website or our [BCWA Facebook Page](#).

## Who to contact

Telephone	Support Line: 0121 553 0090 24 hour line on 0121 552 6448
E-mail	<a href="mailto:info@blackcountrywomensaid.co.uk">info@blackcountrywomensaid.co.uk</a>
Website	<a href="#">Black Country Women's Aid</a>

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## Where to go

Name	Head Office Address
Address	1st Floor Landchard House Victoria Street West Bromwich
Postcode	B70 8HY

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# Child and Adolescent Mental Health Service (CAMHS)

Child and Adolescent Mental Health Service (CAMHS) is a set of specialist services (Child and Family Service; Inspire - children's learning disability team) for young people of all abilities to support with mental health, emotional and psychological difficulties.



We aim to achieve this by doing the following:

- offering support to young people directly through talking therapies
- working with parents and carers, and siblings
- working with members of the wider care system (for example: teachers, care staff)
- working alongside others (this means that we will teach or support others to put the help in place with the young person)
- offering services through local health centres, GP surgeries and schools when this is more appropriate or convenient.

Our aim is to support the young person and the family in understanding, managing and ultimately improving their own emotional wellbeing.

Clinical work is not time limited but will be reviewed on a regular basis to ensure that there is still benefit to the work, a clear focus and that all involved are still happy for the agreed work to be provided.

The Child and Family Service is a specialist service within CAMHS for children who present with severe and enduring (longer term) mental health difficulties. Examples of these would be depression, anxiety, severe self-harm, suicidal intent, hearing voices. Some of these young people may also have some specific learning difficulties (for example, dyslexia) but will not have a learning disability.

Staff are specialist trained in the Child and Family Service and include psychologists, mental health nurses, social workers, child and adolescent psychiatrists, child psychotherapists, family and systemic psychotherapists, art psychotherapists.

Inspire supports children with a learning disability. This part of CAMHS employs specialist staff who have expertise in working with young people with a learning disability. Inspire can offer support with mental health related difficulties, as the Child and Family Service also does, but in addition it is able to support with the following issues where universal or previous input has been unsuccessful and where the issue is related to the young person's learning disability:

- Physical health difficulties (for example, toileting, feeding)
- Social Skills Difficulties (for example, how to manage friendships and relationships)
- General communication difficulties (for example, developing use of picture symbols)

Inspire employs staff with specialist training and qualifications in working with children with SEN and Learning Disabilities.

Staff within the wider CAMHS service will also have experience and skill in being able to engage with children who have disability and special educational needs. This will have been provided for many staff as part of their professional training. These staff will also have easy access to supervision and support from Inspire as and when required.

## Who to contact

Contact Name	James Reeley
Contact Position	Service Manager and Clinical Lead for Wolverhampton CAMHS
Telephone	01902 444021 (Child and Family Service and Inspire)
E-mail	<a href="mailto:bchft.wolvescamhsspa@nhs.net">bchft.wolvescamhsspa@nhs.net</a>
Website	Wolverhampton CAMHS

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## Where to go

Name	The Gem Centre
Address	Neachells Lane Wolverhampton West Midlands
Postcode	WV11 3PG

# Childline

Childline is here to help anyone under 19 in the UK with any issue they're going through. If you are being bullied, are a bully or experiencing cyberbullying (this is when someone uses the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone).



Childline is a free, private and confidential service where you can talk about anything. Whatever your worry, whether it's something big or small, our trained counsellors are here to support you. We are here whenever you need help, we're here for you online, on the phone, anytime.

You can talk to us:

- by calling **0800 1111**
- by [email](#)
- through [1-2-1 counsellor chat](#)

Whatever feels best for you, at a time that suits you.

## Who to contact

<b>Telephone</b>	Call us FREE on: 0800 1111
<b>E-mail</b>	<a href="https://www.childline.org.uk/login/?returnPath=%2flocker%2femail%2f">https://www.childline.org.uk/login/?returnPath=%2flocker%2femail%2f</a>
<b>Website</b>	Childline

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## Time / Date Details

**When is it on** FREE service - available 24/7

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<b>Telephone</b>	011 278 8881
<b>E-mail</b>	<a href="https://www.changing-lives.org.uk/contact">https://www.changing-lives.org.uk/contact</a>
<b>Website</b>	Changing Lives

# Connexions Wolverhampton

Connexions is a free and impartial careers information, advice and guidance service for young people who live in Wolverhampton. We offer advice and guidance on careers, local opportunities and courses as well as practical support to apply for jobs, training or apprenticeships.



You can access the service if you are a resident of Wolverhampton and are aged between 13–19 (up to the age of 25 if you have special education needs and/or a disability).

If you have left school and are not in learning, working or training you will have your own careers adviser to support you with your next steps. If you have an Educational Health Care Plan [EHCP] you will meet with your adviser at key points to help plan your next steps.

Here you can view the - [Connexions guide for parents and carers of young people with SEND](#). It can also be found in the **downloads** section of this page.

For any additional information please visit our website or contact us:

## Who to contact

<b>Contact Name</b>	Connexions Team
<b>Contact Position</b>	Careers Advisors
<b>Telephone</b>	01902 554499
<b>E-mail</b>	<a href="mailto:connexions@wolverhampton.gov.uk">connexions@wolverhampton.gov.uk</a>
<b>Website</b>	<a href="#">Wolverhampton Connexions</a>

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## Where to go

<b>Name</b>	Civic Centre
<b>Address</b>	St. Peters Square Wolverhampton West Midlands
<b>Postcode</b>	WV1 1SH

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# Crisis Point

Crisis Point specialises in services that can help you deal with and overcome the emotional pain arising from trauma caused by rape and sexual abuse. We provide two different services to those who have experienced sexual violence; an Independent Sexual Violence Advisor (ISVA) department, and a Psychotherapy/Counselling department.



ISVA's can give support and advice throughout the police reporting process. This involves booking appointments on your behalf, signposting you to relevant agencies, attending interviews with you, and attending court appearances with you. ISVA's not only provide support to the victim, but also to family members and/or partners. Please get in touch to find out more about our ISVA service.

The psychotherapists and counsellors specialise in approaches that will help you understand your issues that may have affected your life and caused pain/stress. This includes Mental Health support.

For further information about the Crisis Point service please speak to one of our professionals or visit our website.

## Who to contact

Telephone 01922 722777  
E-mail [info@crisispoint.org.uk](mailto:info@crisispoint.org.uk)  
Website [Crisis Point](#)

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## Where to go

**Name** Crisis Point  
**Address** Uplands House  
5 Lichfield Road  
Walsall  
West Midlands  
**Postcode** WS4 2HT

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# Cruse Bereavement Care

Cruse Bereavement Care is here to support you after the death of someone close. If someone you know has died and you need to talk. Face-to-face services are provided via our Areas and Branches, and delivered by our trained Bereavement Support Volunteers.



Grief is a natural process, and most people will cope with help and support from family and friends. For those who need additional specialist help, Cruse offers free confidential support for adults and children, and this can be by telephone, email or face-to-face.

Please contact us for more information. You can do so via telephone or use the web-form on our website, which also contains more details about our service, volunteer opportunities and our local bereavement hubs.

## Who to contact

<b>Telephone</b>	Wolverhampton & Dudley Office: 01902 420055 Helpline: 0808 808 1677
<b>E-mail</b>	<a href="mailto:dudleywolves@cruse.org.uk">dudleywolves@cruse.org.uk</a>
<b>Website</b>	<a href="#">Cruse Bereavement Services</a>

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## Time / Date Details

**When is it on** The helpline is open Monday - Friday 9.30am-5.00pm

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# Edward's Trust

Edwards Trust provides much needed support to bereaved families.



Edward's Trust offers holistic family bereavement services supporting children, young people and parents across the West Midlands. Our service extends to a full programme of bereavement support including; one-to-one counselling, support groups, specialist respite bereavement retreats, children's social activities, a wellbeing service and supports over 600 families every year.

How do we help:-

- One to One Counselling
- Wellbeing in Bereavement Therapy
- Support Groups
- Respite Bereavement Retreats
- Remembrance Services
- Social Activities
- Respite Bereavement Care Retreats
- Remembrance Services
- Pre-bereavement Support

We have an answer phone system and aim to respond to calls as soon as possible.

For more information please get in touch or visit our website.

## Who to contact

Telephone	Bereavement Tel: 0121 454 1705
E-mail	<a href="mailto:admin@edwardstrust.org.uk">admin@edwardstrust.org.uk</a>
Website	<a href="#">Edward's Trust</a>

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## Where to go

Name	Office Address:
Address	3 Vicarage Road Edgbaston Birmingham
Postcode	B15 3ES

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# Family Hubs

A Family Hub is a place where children, young people and their families can go when they need support.



The people working in the Family Hub will be able to give you information or advice and help you to find and get support from different services in the area.

## What services are available in the Family Hub? >

A range of services are provided from within the Family Hub, for example.

- Child Development
- Infant Feeding Support
- Emotional Health and Well being
- Stay & Play Sessions
- Parenting Support
- Housing Support
- Benefits & Welfare Rights Advice
- Employment & Training
- SEND Support
- Out Of School Activities
- Birth Registrations
- Adult Education

## How do I get help from a Family Hub? >

Getting help from a Family Hub is simple. You can walk in, telephone or a professional can refer you.

Opening times are 9.00am – 4.30pm Monday to Friday initially, but as we build the support network some services will start to run from the Family Hubs in the evenings and weekends.

We will also offer support and services from other buildings in your community.

## Where can I find my nearest Family Hub? >

Here you will find a list and details of [Family Hub's in the city](#)

# Gazebo Theatre in Education Company Ltd

Gazebo Theatre in Education (TIE) has been operating for over 40 years.

We deliver a comprehensive range of high quality and innovative theatre productions and arts programmes for audiences, schools and communities.



These include new shows, site specific work, workshops, short films, residencies exploring a wide range of art forms, community arts, drama-therapy and young people's and children's participatory theatre projects.

The Bilston based charity is one of the longest serving Theatre in Education companies still in existence in the country, and provides a range of services to schools, communities and organisation in and around Wolverhampton.

Please visit our website below or contact us for further information.

## Who to contact

Contact Name	Pamela Cole-Hudson
Contact Position	Chief Executive
Telephone	01902 296199
E-mail	<a href="mailto:info@gazebotheatre.com">info@gazebotheatre.com</a>
Website	<a href="#">Gazebo Theatre</a>

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## Where to go

Name	Office: Gazebo Theatre Company
Address	2nd Floor, Chancel Court 2 Wellington Road Bilston Wolverhampton West Midlands
Postcode	WV14 6AA

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## Time / Date Details

When is it on Office Hours: Monday to Friday 9.30am - 5.00pm

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## Other Details

### Availability

Age Ranges	5 years to 16 years at present
Referral required	No

# The Haven Wolverhampton

The Haven Wolverhampton is a charitable organisation which provides both practical and emotional support services to women and children who are affected by domestic abuse and homelessness. Established over forty five years ago, we provide a holistic service through a range of both practical and emotional support services to help you move forward and begin a life free from abuse. Our services include:



- 24 Hour Emergency Temporary Accommodation
- Move on Accommodation
- We support women & dependent children who are faced with Domestic Abuse or homelessness
- 24 Hour Helpline – 08000 194 400
- Live chat facility via the [Haven](#) website from 9.00am - 5.00pm Monday to Friday
- [You Matter](#) – is a dedicated early intervention website designed by women for women.
- Counselling Services - (Mon, Wed, Thurs, Friday 9am–2pm)
- Community, Advocacy, Resettlement and Outreach Support
- Financial support and specialist advice for those experiencing financial difficulty due to domestic abuse
- Children's and Young People's Service working with children from 0-16
- Drop in Hub – a place where women can drop in for advice, access support groups and workshops
- Specialist sexual violence service (ISVA or support group)
- Specialist BAME IDVA
- Specialist Young Persons IDVA
- Specialist CHISVA – supporting children and young people who have experienced rape, sexual abuse or exploitation
- Women's programmes including the Freedom Programme, Power 2 Change, McEwan and the Dolphin programme
- Training for external organisations, Haven staff and volunteers

In an emergency situation you should always call **999**.

Your safety is our main concern.

## Who to contact

<b>Contact Name</b>	Kulvinder Kaur
<b>Contact Position</b>	Helpline Manager
<b>Telephone</b>	Office: 01902 904677 24 Hour Helpline – 08000 194 400 Counselling helpline - 08000 308 345
<b>E-mail</b>	<a href="mailto:info@havenrefuge.org.uk">info@havenrefuge.org.uk</a>
<b>Website</b>	<a href="#">The Haven Wolverhampton</a>

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## Where to go

<b>Name</b>	The Haven
<b>Address</b>	18 Waterloo Road Wolverhampton West Midlands
<b>Postcode</b>	WV1 4BL

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## Time / Date Details

**When is it on** 24 Hour telephone support is available for those in need

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# Hope Community Project

Hope Community Project is a registered charity based on the Heath Town Estate in Wolverhampton.

Since 1985, the Project has supported families, children, young people and older people in the Heath Town ward. Our services have changed over the years to reflect the changing needs of our local community. HOPE is your community and we are here to strengthen the community and break the bonds that tie you



The Hope Family Centre provides outreach work, making home visits, to offer support to families and introducing them to facilities that are available within the area. These services are available to all: children and families, including newly arrived families, older people, young people and individuals. We also run groups – carers and toddlers, girls and boys groups, children aged 6 – 9 years old, over 50's lunch groups, ESOL, Friendship groups, a monthly lunch group in partnership with others etc. Once a month we hold a Cafe of Reminiscence - a place where you can share memories of lost loved ones and get the support and advice you need. Please contact us for further information.

## How We Work

- Hope Community belongs to the community
- We are often out and about, asking people how they are and how we can help
- Our doors are open to those needing support
- We listen and keep in touch with people, visiting, working with them and their family to overcome problems
- We work with others to strengthen the community and promote integration
- We do not judge and will provide honest, independent advice
- We are there for everyone in the community
- A Christian ethos remains central to the life and work of the project and is embedded in our core organisational values and strategy
- We always require volunteers to assist us, if you can please spare some time, we would appreciate your support.

For further information please contact us or visit our website.

Our [Hope Community Centre Facebook Page](#) has more details about our work, the groups we operate, timetable of activities and how you can get involved.

## Who to contact

Telephone 01902 556645  
07463 046357  
E-mail [enquiries@hope-cp.org.uk](mailto:enquiries@hope-cp.org.uk)  
Website [Hope Community Project](#)

## Where to go

Name Hope Community Project  
Address 40 Ling House  
Long Ley  
Heath Town  
Wolverhampton  
West Midlands  
Postcode WV10 0HH

## Time / Date Details

When is it on Open Monday to Friday 9.00am - 5.00pm

# HugglePets in the Community

HugglePets provide animal assisted therapy and interventions for people who live with a mental health problem or special educational needs. We offer animal assisted therapy, intervention, activities, educational workshops, SEND sensory play sessions, corporate team building and tea with a twist.

Please visit our [Hugglepets website](#) for more information about all our services. You can follow us on social media via our [HugglePets Facebook Page](#).



Please contact us for further details.

## Who to contact

Contact Name	Hannah Dixon
Contact Position	Reception
Telephone	01902 494860
E-mail	<a href="mailto:community@hugglepets.co.uk">community@hugglepets.co.uk</a>
Website	<a href="#">HugglePets</a>

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## Where to go

Name	Huggle Pets
Address	PGO Building Cooper Street Wolverhampton West Midlands
Postcode	WV2 2JL

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# Let Us Play

We are a small, registered charity based in Wolverhampton. Our core activities are to provide respite craft, sport and leisure activities for children with Special Needs and Disabilities (SEND). We also offer a twice monthly parents group which allows parents to meet whilst enjoying a craft activity, lunch or walk, we also offer school cycling and bike riding sessions. We often have spaces for siblings on our activities as we understand that shared sibling experiences build a close bond and shared memories.



We kindly ask that all families who attend Let Us Play activities become members. We produce regular newsletters which can be viewed on our website, these contain details of upcoming activities and events for our members.

Volunteers have a very important role at Let Us Play. If you would like to apply for a volunteering role, please get in touch.

Please contact us or visit our website for further information.

## Who to contact

Telephone 01902 546258  
E-mail [kimhatton@lupwolverhampton.org.uk](mailto:kimhatton@lupwolverhampton.org.uk)  
Website [Let Us Play](#)

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## Where to go

Name Let Us Play  
Address 7 Shaw Park  
Business Village  
Shaw Road  
Wolverhampton  
West Midlands  
Postcode WV10 9LE

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## Time / Date Details

When is it on Please see our website for timetable of activities and events.

# Relate Wolverhampton

We're the UK's largest provider of relationship support, and last year we helped over two million people of all ages, backgrounds, sexual orientations and gender identities to strengthen their relationships.



Relate provide services across Wolverhampton, Dudley and surrounding areas, providing counselling, training, Therapy and other services directly from our Centres or alternatively at local venues.

Services provided:

- Children's Counselling
- Individual Counselling
- Relationship Counselling

Relate's role is to help build better couple relationships and to enhance the quality of couple and parental family relationships. Relate deliver their services with cultural sensitivity and without discrimination.

They so have a team of experienced relationship counsellors and sex therapists and work with clients face to face and ideally with both partners together, but we appreciate that this might present a problem for some people.

## Who to contact

Telephone 0121 643 1638  
E-mail [info@relatebirmingham.co.uk](mailto:info@relatebirmingham.co.uk)  
Website [Relate Wolverhampton](#)

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## Where to go

Name Relate Wolverhampton  
Address 346 Newhampton Road East  
Whitmore Reans  
Wolverhampton  
West Midlands  
Postcode WV1 4AD

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# The Way Youth Zone

The Way Wolverhampton Youth Zone is a charity that supports the young people of Wolverhampton. Based on School Street, in the heart of the City, The Way gives young people somewhere to go, something to do and someone to talk to.

The Way Wolverhampton Youth Zone is for all backgrounds, for all abilities, for all of the community open 6 days a week. The Way is a state of the art youth hub in the heart of the city. It's a place where you can make new friends, take part in activities, chill out, play sports or try something new.

Please view the following [introduction video](#) to find out more.

Every night we have over 20 activities for young people to take part in like rock climbing, boxing, football, art, music and loads more in a safe and supportive environment. It's just 50p each visit with a yearly £5 membership.

Junior Club (8-12 years old) Tues & Thurs 4pm – 8pm  
Senior Club (13-18 year olds) Mon, Wed & Fri 4:30pm – 9pm

Families & Inclusion (all ages accompanied by an adult)  
Saturdays SEND Session 10:00am – 12:30pm, Families 1pm – 4pm

Becoming a member of The Way is really simple, you can fill out a form, pop down to the Youth Zone.

Want to have a look around? Just pop in at the beginning of any of our sessions, we'll happily give you a guided tour. You don't have to book.

## Mentoring to support the needs of Looked After Children (LAC)

The Way Youth Zone have developed a Mentoring Project, specifically to support the needs of our Looked After Children (LAC).

The project will look to engage young people in tailored, weekly, one to one mentoring support sessions with a mentor. Typically, the one-to-one sessions will occur at a mutually agreed time, during the Universal offer, at The Way Youth Zone. Young people can continue to enjoy the multiple activities The Way has to offer, around their mentoring session.

To find out more email the Emotional Health and Wellbeing Coordinator at [amy.thomas@thewayyouthzone.org](mailto:amy.thomas@thewayyouthzone.org)



## Who to contact

Telephone	01902 328290
E-mail	<a href="mailto:info@thewayyouthzone.org">info@thewayyouthzone.org</a>
Website	<a href="#">The Way Youth Zone</a>

## Where to go

Name	The Way Youth Zone
Address	School Street Wolverhampton West Midlands
Postcode	WV3 0NF

## Time / Date Details

When is it on	The Way is open Monday - Friday evenings and all day Saturday
Time of day	Morning Afternoon Evening
Session Information	Junior Club (8-12 years old) Tues & Thurs 4.00pm – 8.00pm Senior Club (13-18 year olds) Mon, Wed & Fri 4:30pm – 9.00pm Saturday SEND Session 10:00am – 12:30pm Saturday Families 1.00pm – 4.00pm

# Victim Support

If you've been a victim of any crime or have been affected by a crime committed against someone you know, we can help you find the strength to deal with what you've been through. Our services are free and available to everyone, whether or not the crime has been reported and regardless of when it happened.



We support adults, children and young people who have been affected by crime. We can also support parents and professionals who work with children and young people.

We are not part of the police, the courts or any other criminal justice agency. We're an independent charity so you can talk to us confidentially without involving the police or other parts of the criminal justice system.

Our specialist teams deliver tailored support to help people recover from the effects of crime and traumatic events. We speak up for victims' rights, ensuring their needs are met in the criminal justice system.

**Live chat** - Don't want to talk on the phone?

Our [free live chat](#) support service is available 24 hours a day, seven days a week.

For further details please get in touch with us via our support line or email address.

Additional information can be found in the downloads section of this page.

## Who to contact

<b>Telephone</b>	Support Line: 08 08 16 89 111 Live chat - Our live chat is available 24/7
<b>E-mail</b>	<a href="mailto:supportline@victimsupport.org.uk">supportline@victimsupport.org.uk</a>
<b>Website</b>	<a href="#">National Victim Support Website</a>

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## Time / Date Details

<b>When is it on</b>	Monday - Friday 8am - 8pm.
<b>Session Information</b>	Saturday 9am-5pm

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# Wolverhampton Young Carers

Young Carers are children and young people up to the age of 18 who help care for someone within their family. This may be because of a physical disability, mental health condition, learning disability, substance misuse, sensory impairment or any long-term illness or condition.



It's not always easy being a young carer, you often have to take on adult responsibilities that can affect your friendships and relationships, learning and development, health and wellbeing or future career choices.

## How Wolverhampton Young Carers can help you

You may be able to access a Young Carers conversation, receive information and advice about being a young carer, and talk to a carer support worker.

Most importantly we can keep you up to date with events and activities going on for young people and families in Wolverhampton with our seasonal newsletter, giving you the opportunity to make new friends and have fun away from your caring role.

Please view the [downloads](#) section of this page for more information.

## Who to contact

Telephone 01902 553409  
E-mail [carer.support@wolverhampton.gov.uk](mailto:carer.support@wolverhampton.gov.uk)  
Website [Carer Support Team](#)

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# x2y LGBT Youth Group

We are an LGBTQ\* group based in Wolverhampton. We have two groups, one for individuals aged 11 to 17 and the other for 18 to 25 year olds. The 11 - 17 group meets every Saturday and the 18+ group meets once a week too. Message us for further details!



x2y LGBT Youth Group supports young people in Wolverhampton and surrounding areas who are Lesbian, Gay, Bisexual, Trans or Questioning their sexuality or gender identity (LGBTQ+).

Both x2y groups meet in Wolverhampton City Centre.

Please give your age so we can make sure the right person gets back to you.

X2y also provides support for schools and other organisations working with children and young people, for example:

- Staff training on LGBT+ issues and promoting equality
- Advice and guidance on providing appropriate support for individual young people who identify as gay, lesbian, bisexual, trans, non-binary or questioning their sexuality or gender identity.
- Support for LGBTQ+ individuals who, for example, may not yet feel confident enough to access the youth group.

If you are LGBT+ or questioning your sexuality or gender between 11 - 25 and would like to come along drop us an email or message.

For more information please contact us, visit our website or the [X2Y LGBT Youth Facebook page](#).

## Who to contact

Telephone	Text us on 07847 421795
E-mail	<a href="mailto:info@x2y.org.uk">info@x2y.org.uk</a>
Website	<a href="#">x2y LGBT Young Group</a>

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## Where to go

Name    Activities take place in the City Centre.

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# Yo! Young Opportunities

Yo! provides access to events and services within Wolverhampton that offer opportunities to children, young people and their parents. The opportunities are split into two types – events and services.

There are a wide range of events taking place in Wolverhampton, from outdoor fun days to digital learning skills clubs, sport and wellbeing activities as well as opportunities for children and young people with special educational needs and disabilities.

You can also use the Yo website to find support services in Wolverhampton. It is easy to adjust the category and the age range to help you get the best results!

For more information please visit the [Yo website](#).

The [Yo! Newsletter](#) contains the latest news and information for young people.

CITY OF  
WOLVERHAMPTON  
COUNCIL